

Name _____

Date _____

Director _____

Irish Mission Pathfinder Challenge



You will need to complete each one of the challenges below within the month to earn your medal. Earn extra points for your club by completing any of the bonus challenges.

If you are physically unable to complete any of the challenges, please speak with your club director who will be able to arrange an appropriate alternative challenge for you.

Please have an adult with you as you take part in the challenges. You must be a registered member of a Pathfinder club to take part.



Carrauntoohil Climb - 20pts

Carrauntoohil is the tallest peak in Ireland at 1038m high

Photo by TomFahy.com on Foter.com

Walk 2x 1,038 steps (total 2,076 steps) each day - a virtual up and down climb

Tick each of the boxes here as you complete your daily steps. When all boxes are ticked, you have completed this part of your challenge.

DISCLAIMER: It is very important that you warm up and down properly when you do any type of exercise, as cold muscles are easy to strain. It is also important to consult a physician if you have any type of condition that could affect your health when exercising.



Causeway Coast Way, Antrim - 20pts

The Causeway Coastline is 33km (20.5 miles) long taking in the sights at the Giant's Causeway and Carrick-a-rede Rope Bridge

Photo by Daniel Mennerich on Foter.com

Complete 20.5 miles / 33km (by swimming/jogging/skipping/hiking) over the challenge period.

Tick off the miles in the boxes. Once you have ticked them all, you have completed this part of your challenge.



Cliffs of Moher - 20pts

At Hag's Head the Cliffs of Moher, on the west coast of Ireland, reach 120m above the Atlantic Ocean

Photo by patrickfranzis on Foter.com

120/6 = 20. For the challenge period do the following over 6 days in the week: Week 1: 20 squats per day. Week 2: 20 star jumps per day. Week 3: 20 burpees per day. Week 4: 20 sit ups/push ups per day.

Tick off each day in the boxes and when all the boxes are checked off, you will have completed this part of the challenge.



Titanic Quarter, Belfast - 20pts

Belfast is the birthplace of the Titanic, the ship that sank on its first voyage after colliding with an iceberg. Thankfully we have a Saviour who is in control of our boat as we cross the sometimes turbulent seas of our lives.

Create and lead a daily worship for your family for 1 week based a different one of these stories each day: Genesis 1, Genesis 7 - 9:17, Exodus 14, Jonah 1-4, Luke 5: 1-11, Matthew 14:22-33, Acts 27.

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Storytelling & Lighthouses - 20pts

The Irish are wonderful storytellers and well-known for their sense of humour. The Irish Mission is set on an beautiful (but rainy), green island with many stunning lighthouses. You'll also notice the tower on the medal above; you'll find plenty of these around and aside from being bell towers, they were used as towers of refuge from sudden attacks.

Complete the Christian Storytelling or Lighthouse honour online in your own time via the online e-Club during the month of the challenge period: <https://youth.adventistchurch.org.uk/e-club-christian-storytelling-honour> <https://youth.adventistchurch.org.uk/e-club-lighthouses-honour>



Christian Storytelling Honour

Lighthouses Honour



Irish Mission Art - 20pts

Iconic landmarks on the Isle are many and varied! The beautiful countryside, the stunning coastline, the ancient monuments and more. Which will you choose?

Represent one of the natural or man-made Irish Mission landmarks in any art form e.g. Paint, draw, lego. Take a photo of your artwork and send it to your club director with this worksheet to verify completion of your challenge!

